

# Walker registration form – Balsam Centre walks

## Participant details

Title: \_\_\_\_\_ Full name: \_\_\_\_\_

First half of your postcode: \_\_\_\_\_

Email: .....

*We only use your personal information for administrative purposes to support your participation. We will not use your data for any other purpose than to inform you of updates, changes or cancellations to the walks, and to email or send you the new programme of walks every 6 months. Your information is stored securely and will not be passed on to third parties.*

## To ensure everyone's safety regarding Covid:-

1. It is **ESSENTIAL** that you book onto each walk you want to participate in. Numbers will be limited.
2. Walk leaders will take your name and number for track and trace. These sheets will be kept securely and then destroyed after 3 weeks.
3. Walkers will meet either on the ramp to the Centre for short walks, or at the agreed start point for long walks – walkers will not be meeting or ending their walks in The Balsam Centre building.
4. Walkers will need to bring their own hand sanitiser for gates etc, and their own drink.
5. Walkers will need to observe social distancing on the walk unless they are from the same household.
6. Walkers do not need to wear a mask if they observe social distancing but if you are walking too close then you will need to wear a mask.

**I understand that I will take part in the Balsam Centre Walks at my own risk and will seek medical advice beforehand if appropriate and agree to tell the walk leaders if there is a change in my medical condition. I agree to follow the guidance to keep leaders and fellow walkers safe.**

**Signed**..... **Date** .....

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If you would **ALSO** like to receive updates about The Balsam Centre and our activities via our emailed newsletter, please tick the box and sign.

Signed.....Date.....

For full information about how your information is used please go to our website to download our privacy policy:  
<https://www.balsamcentre.org.uk/index.html#privacy>